

## USEFUL CONTACT TELEPHONE NUMBERS

### Police

Please complete the phone number for your local police child protection office. In an emergency dial **999**.

**Name:**

**Tel:**

**Email:**

### Local Authority Children Services

Please complete the phone number for your area duty officer. In an emergency, the Samaritans will be able to provide this number.

**Name:**

**Tel:**

**Email:**

### Local Safeguarding Children Board (LSCB)

Please complete the contact details for your regional LSCB chairman. This is available on the government website [www.everychildmatters.gov.uk](http://www.everychildmatters.gov.uk)

**Name:**

**Tel:**

**Email:**

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### IWF – Internet Watch Foundation

The Internet Watch Foundation (IWF) is the only authorised organisation in the UK which, amongst other things, provides an internet ‘hotline’ for the public to report their exposure to potentially illegal child abuse images: [www.iwf.org.uk](http://www.iwf.org.uk)

### NSPCC Helpline

A 24-hour, free and confidential telephone helpline that provides counselling, information and advice to anyone concerned about a child at risk of ill treatment or abuse: **08088 005000**

### Careline

A confidential crisis telephone counselling service for children, young people and adults: **0208 541 1177**

### Samaritans

A nationwide, non-religious, non-political, 24-hour confidential support service: **08457 909090 OR** [www.samaritans.org.uk](http://www.samaritans.org.uk)

### Victim Support

Local Victim Support services provide emotional support, information and practical help for victims and witnesses: **08453 030900**

### Self Help

- [www.self-help.org.uk](http://www.self-help.org.uk). The UK’s free, specialized child protection resources. The site includes a general list of 1,000 self-help organisations in the UK.
- [www.there4me.com](http://www.there4me.com). An NSPCC run and funded website specifically for young people who can access individual mentors: