

Support Information Sheet 3

Information for those against whom a complaint of poor practice or allegation of abuse has been made

If you have been notified by the T&RA that there are reported causes for concern regarding your behavior towards or with children or young people you may find the following contact details useful as a form of support and guidance.

Child Line

Free 24 hour national telephone helpline for children 0800 1111

www.childline.org.uk – on-line 1-2-1 chat

Family Rights Group

Freephone Helpline Number 0808 801 0366

Assists families with children in care/residential accommodation. Involved in child protection procedures

www.frg.org.uk

Institute of family therapy

24-32 Stephenson Way

London NW1 2HX

Tel 020 7391 9150

Email therapy@ift.org.uk

Family & couple therapy. Problems for families, children, adolescents, relationships, divorce, separation, illness and bereavement

www.ift.org.uk

Family Lives

Helpline 0808 800 2222

Support for all families/stepfamilies

www.familylives.org.uk

Self Harm UK

Email info@selfharm.co.uk

National organisation offering support

www.selfharm.co.uk

Samaritans

Helpline (local call rate) 116 123

Admin tel 020 8394 8300/Fax 020 8394 8301

Nationwide, non-religious, non-political 24 hour confidential support

www.samaritans.org